

Family Birthing Center at Lovelace Women's Hospital

Women's Specialists of New Mexico patients use the Lovelace Women's Hospital for Labor and Delivery services. Call your care provider when you think you are in labor. When you are instructed to go to the hospital, proceed to the Women's Hospital located at Montgomery and Jefferson.

Address

4701 Montgomery Blvd. NE (at Jefferson)
Albuquerque, NM 87109

Entrance

Enter at the main hospital entrance and proceed to the 3rd floor. After 8pm, the main entrance is locked, so entry through the ER is necessary.

Pre-admission

Women's Hospital requires pre-admission. We ask that you go to the Family Birthing Center on the first floor to pre-register. The hours for registering are 7:30am to 4pm Monday through Friday. If you need to register before 7:30am or after 4:00pm you can go to the emergency department and the registration clerk can assist you. Please bring a photo ID and insurance card. It is possible to pay the co-pay for delivery at this time (if there is a co-pay) if desired. We recommend that you go around 28 weeks of pregnancy to fill out the appropriate forms.

Parking

- Park in visitor lots in front or to the side of the hospital.
- Handicapped parking is available in both parking lots.

Where can I get a wheelchair?

Wheelchairs are available at the main level information center and in the ER after hours.

Public Transportation

Bus Route 5, Route 140/141, and Route 157 come directly to Lovelace Women's Hospital.

<http://www.cabq.gov/transit/destinations/albuquerque-destinations>

What are the visiting hours?

There are no set visiting hours, but it is recommended that family and friends leave the hospital by 10pm on the postpartum floor. Partners are welcome to stay 24 hours. Children must be accompanied by an adult at all times, and have a designated adult responsible for their care if they are present in Labor and Delivery in case they need to leave the room or there is an emergency situation. During the Flu season (usually Oct - May, please call for exact dates) children under 18 are not allowed.

Where can I get something to eat?

The Food Court Cafeteria (located on the main level past the elevators) is open 7 days a week from 7am to 6:30pm. Hot breakfast is served Monday through Friday from 7:00am to 10:00am, hot lunch from 11:00am to 1:30pm, and hot dinner from 5:00pm to 6:30pm. On Saturday and Sundays, hot breakfast is served from 7:00am to 10:00am, and hot lunch is served from 11am to 2:30pm. There are vending machines available when the cafeteria is closed.

When to Call Your Care Provider

- If you think you are in labor, general instructions:
 - 1st baby: contractions every 4-5minutes for about 1-2 hours
 - Any baby after the 1st baby: Talk to your provider about when to come to the hospital
- If you think your “bag of water” has broken
- If you have bleeding “like a period”
- If your baby is not moving as much as he/she normally does
- If you have questions/concerns

What to Bring to the Hospital

These are just some suggestions of what to bring to the hospital:

- Bathrobe/slippers/socks
- Shampoo/lotion/massage oil/chapstick/soap
- Your “own” special pillow and/or blanket
- Hair band or clip
- Contact lens case and glasses (if applicable)
- Snacks/drinks for your support person/people
- Music
- Books/magazines
- Clothes to wear home
- Outfit (with legs) for the baby to wear home
- Car seat
- Cell phone and charger
- The hospital does not supply pacifiers. If you need one for your infant, you will need to bring one from home.
- Clothes/ personal items for support person(s)

Information about Cameras and Video Cameras

Camera use is allowed on Labor and Delivery. Use of a video camera must be cleared beforehand with the provider; it might not be allowed during the birth of the baby.

Important Phone Numbers

Your care provider: 505-843-6168

Answering service: 505-857-3985

Lovelace Women’s Hospital: 505-727-7800