

WSNM 2017 Class Schedule

Prepared Childbirth & Breastfeeding Classes



CHILDBIRTH CLASSES: 2017
5 week classes include Baby Basics
 All Childbirth Classes include a Hospital Tour
 Cost: \$80 per couple

<i>Day</i>	<i>Time</i>	<i>Date</i>	<i>Location</i>
Monday	7:00p – 9:00p	January 2–January 30	Downtown
	7:00p – 9:00p	February 20–March 20	Downtown
	7:00p – 9:00p	April 10–May 8	Downtown
	7:00p – 9:00p	May 22 – June 26*	Downtown
	7:00p – 9:00p	July 17–August 14	Downtown
	7:00p – 9:00p	September 11– October 9	Downtown
	7:00p – 9:00p	October 23–November 20	Downtown
	7:00p – 9:00p	November 27–December 18	Downtown
Wednesday	7:00p – 9:00p	February 1– March 1	Downtown
	7:00p – 9:00p	March 22 – April 19	Downtown
	7:00p – 9:00p	May 10 – June 7	Downtown
	7:00p – 9:00p	June 28 – July 26	Downtown
	7:00p – 9:00p	August 16 – September 13	Downtown
	7:00p – 9:00p	October 4 – November 1	Downtown
	7:00p – 9:00p	December 13 – January 10	Downtown
Saturday	9:00a – 4:30p	January 7	Downtown
	9:00a – 4:30p	January 14	Downtown
	9:00a – 4:30p	February 4	Downtown
	9:00a – 4:30p	February 11	Downtown
	9:00a – 4:30p	March 4	Downtown
	9:00a – 4:30p	March 11	Downtown
	9:00a – 4:30p	April 1	Downtown
	9:00a – 4:30p	April 8	Downtown
	9:00a – 4:30p	May 6	Downtown
	9:00a – 4:30p	May 13	Downtown
	9:00a – 4:30p	June 3	Downtown
	9:00a – 4:30p	June 10	Downtown
	9:00a – 4:30p	July 1	Downtown
	9:00a – 4:30p	July 8	Downtown
	9:00a – 4:30p	August 5	Downtown
	9:00a – 4:30p	August 12	Downtown
	9:00a – 4:30p	September 2	Downtown
	9:00a – 4:30p	September 9	Downtown
	9:00a – 4:30p	October 7	Downtown
	9:00a – 4:30p	October 14	Downtown
	9:00a – 4:30p	November 4	Downtown
	9:00a – 4:30p	November 11	Downtown
	9:00a – 4:30p	December 2	Downtown
9:00a – 4:30p	December 9	Downtown	

BREASTFEEDING CLASSES 2017- The 4th Saturday of the month at Noon

Cost \$25 per couple

Noon – 3:00p	January 28	Downtown
Noon – 3:00p	February 25	Downtown
Noon – 3:00p	March 25	Downtown
Noon – 3:00p	April 22	Downtown
Noon – 3:00p	May 20*	Downtown
Noon – 3:00p	June 24	Downtown

Noon – 3:00p	July 22	Downtown
Noon – 3:00p	August 26	Downtown
Noon – 3:00p	September 23	Downtown
Noon – 3:00p	October 28	Downtown
Noon – 3:00p	November 25	Downtown
Noon – 3:00p	December 16*	Downtown

Wednesday evening Breastfeeding Class- 6:00 to 9:00pm

March 8
May 3
August 2
November 8

Prenatal Yoga- 6:30 to 7:45pm

Thursday evenings in our Downtown Office \$10 a class

All classes are held in our Downtown Office: Professional Building, 201 Cedar SE, Suite 5640

For more information and to schedule a class call: Kathleen Briley, Childbirth Coordinator
@(505) 843-6168 **Extension 3024**
Email- kbriley@wsnm.org

Class times and dates are subject to change

For our Patients Delivering at Lovelace Women’s Hospital:

Tour of Lovelace Women’s Hospital- The 4th Saturday of the month at 9:00am

Please call or email Kathleen Briley to reserve a spot.

January 28	April 22	July 22	October 28
February 25	May 20*	August 26	November 25
March 25	June 24	September 23	December 16*

Meet the Midwives of WSNM

Lovelace Women’s Hospital - Auditorium A
6:00 to 7:30pm

Tuesday, January 24
Wednesday, April 19
Thursday, July 27
Monday, October 16