

## Albuquerque Doulas



- **Sarah Romero**

Birth and postpartum doula;  
**prenatal yoga**  
[www.desertbirthandwellness.com](http://www.desertbirthandwellness.com)

- **Alison Grady**

Birth and postpartum doula;  
**IBCLC lactation consultant;**  
**prenatal education; CPR**  
**instructor**  
<https://sites.google.com/site/abyknowsbreast/home>

505-414-7392

- **Kim Racette**  
[Angel Touch Doula](#)

Birth and postpartum doula;  
**placenta encapsulation**  
[www.angeltouchdoula.com](http://www.angeltouchdoula.com)  
[jklkim@aol.com](mailto:jklkim@aol.com)

505-228-6163

- **Carrie Murphy**

Birth and postpartum doula;  
**placenta encapsulation. Belly**  
**casting.**  
[carriemurphydoula@gmail.com](mailto:carriemurphydoula@gmail.com)  
[www.carriemurphydoula.com](http://www.carriemurphydoula.com)

443-722-5182

- **Brandi Kilburn**

Birth and postpartum doula.  
[celevash@gmail.com](mailto:celevash@gmail.com)

505-620-9245

- **Erin Coffey**

Birth doula; birth photographer  
<https://www.facebook.com/Coffey-Shoppe-Photography-and-Birth-Services>

- **Liat Trujillo**

Birth and postpartum doula  
 Email: [Liatafek.doula@gmail.com](mailto:Liatafek.doula@gmail.com)

505-404-1708

- **Miyoko Inase**

Birth doula.

505-232-2772

- **Morgan Snarr**

Pregnancy, birth and postpartum  
 doula.  
[DoulaFromWithin@gmail.com](mailto:DoulaFromWithin@gmail.com)

505-363-1135



- **Megan Othling**

Birth doula. **Childbirth**  
**classes.**  
[www.womenofvalorbirth.com](http://www.womenofvalorbirth.com)  
[megan@womenofvalorbirth.com](mailto:megan@womenofvalorbirth.com)

505-238-3888

- **Shawn Bransford**

Birth doula. Albuquerque/Santa  
 Fe.  
 Email: [softbeginnings@yahoo.com](mailto:softbeginnings@yahoo.com)

505-690-9550

• Dwenna Nelson

Birth doula; yoga instructor, Reiki II healer, placenta encapsulation  
Email: [dwennanelson@gmail.com](mailto:dwennanelson@gmail.com)  
[www.wisdomwithinservices.com](http://www.wisdomwithinservices.com)

505-508-9525

• Robin Younger

Postpartum doula; Certified infant touch and massage instructor  
Email: [robinwyounger@gmail.com](mailto:robinwyounger@gmail.com)  
[www.albuquerque Doula.com](http://www.albuquerque Doula.com)

505-259-5415

• Erin Fraser  
Peaceful Love Doula Services

Birth and Postpartum doula. Placenta encapsulation and additional services - belly casting, belly binding, ceremonies.  
[www.peacefullovedoulaservices.com](http://www.peacefullovedoulaservices.com)

505-300-7465

• Belly to Baby Doula And Wellness

Birth doula; placenta encapsulation; fertility support, childbirth education, hypnobirthing training, prenatal yoga, belly binding, Oriental Medicine/acupuncture.

Dr. Patricia Nichols, D.O.M.  
[bellytobabydoulawellness@gmail.com](mailto:bellytobabydoulawellness@gmail.com)  
[www.bellytobabydoulawellness.com](http://www.bellytobabydoulawellness.com)

303-420-4260

• Nicole Dodson-Sands  
Angel Care Doula Services

Birth doula; Bereavement doula, specializes in pregnancy after loss, pregnancy after a traumatic birth, VBAC, high risk, and more. Provides FREE support for the loss of a child at ANY TIME.

505-237-1066

• Sandra Jean Taylor

Postpartum doula and IBCLC, lactation consultant; Placenta encapsulation.

Email:  
[Sandra@taylorbirthservices.com](mailto:Sandra@taylorbirthservices.com)  
[www.taylorbirthservices.com](http://www.taylorbirthservices.com)

505-221-6397

Doula Groups



• Doulas of the Southwest

Group of independent doulas offering labor and postpartum services; has monthly Meet the Doulas tea; placenta encapsulation; offers variety of classes.

- ~Kim Racette
- ~Robin Younger
- ~Dwenna Nelson
- ~Miyoko Inase
- ~Carrie Murphy
- ~Erin Coffey
- ~Sarah Romero

[www.doulasofthesouthwest.com](http://www.doulasofthesouthwest.com)

• ABQ Doulas

Birth doulas. Birth classes offered.

- ~Tracy Haroldson
- ~Kelsey Ann Holets
- ~Elizabeth Ortega
- ~Melanie Ortega

[www.abqdoulas.com](http://www.abqdoulas.com)

505-274-1540

• **New Life Birth Services**

Birth and postpartum doulas;  
Student doula collective.  
Placenta encapsulation;  
prenatal and mom-baby yoga;  
lactation services, birth and  
newborn photography.

- ~Amity McElroy
- ~Sandra Jean Taylor    ~Judy Key
- ~Angelique Steadman
- ~Sarah Allen
- ~Cherrelle Fincher
- ~Emma Gamelsky
- ~Carrie Aiken

[www.newlifebirthservices.org](http://www.newlifebirthservices.org)

You may email specific doula by using  
first name @newlifebirthservices.org

505-506-

4340

**Birth Photography**



- **Betty Elle G.**

<https://www.facebook.com/bettyellegphotography/>

- **Lori Martinez**

[Lorimartinezphotography.com](http://Lorimartinezphotography.com)

505-620-0756

- **Erin Coffey**

birth photographer  
<https://www.facebook.com/Coffey-Shoppe-Photography-and-Birth-Services>

**Baby Wearing**



- **Cortney Baca**

Director of nonprofit that educates and supports baby wearing and helps provide baby carriers to those in financial or medical needs.

Email:

[Cortney@babywearingnm.org](mailto:Cortney@babywearingnm.org)  
[www.babywearingnm.org](http://www.babywearingnm.org)

**Birth Story Listening**



- **Pam England, MA, CNM**

Local author of Birth From Within on childbirth preparation; childbirth mentor, artist, birth story listener, therapy for birth trauma  
[pam@birthingfromwithin.com](mailto:pam@birthingfromwithin.com)  
[www.birthingfromwithin.com](http://www.birthingfromwithin.com)

**Birth Resources**



- **Albuquerque Birth Network**

Local resource directory for pregnancy and birth.  
[www.albuquerquebirthnetwork.org](http://www.albuquerquebirthnetwork.org)

505-463-1694

- **Inspired Birth and Families**

Childbirth classes, parenting classes, lactation support; Placenta encapsulation; Childcare/babysitting, Light housekeeping, meal prep. Community space has book and DVD library.  
[www.inspiredabq.com](http://www.inspiredabq.com)

505-232-2772