



Doula Directory 2021

Alison Grady

505-414-7392

Postpartum Doula, IBCLC, Childbirth & Newborn Educator.

Angel Touch Doula

Kim Racette

505-228-6163 jklkim@aol.com www.angeltouchdoula.com

Birth & postpartum doula, placenta encapsulation, essentials oils specialist.

Megan Othling

505-238-3888 www.womanofvalorbirth.com

Birth & postpartum doula services

Childbirth educator

Prenatal and postpartum fitness specialist

O.A.K. Doula Services

Rosalinda Caulder

505-702-7774 oakdoulaservices@gmail.com

Birth Doula and placenta encapsulation

Be the Light Doula Services, LLC

Annette Stephenson-Reynolds

Birth Doula

Email her for more information: Bethelightdoulaservices@gmail.com

Soothing Presence Birth Services

Laura Dehne

505-385-1032

Birth Doula

laura.soothingpresence@gmail.com

Motherhood Wellness of New Mexico

Siboney Rodriguez-Gallegos LMSW, CLC

505-620-2828 www.Motherhoodwellnessnm.com

INNATE postpartum care provider

PAIL Advocate

Holistic full spectrum doula services: Pregnancy, Birth, Postpartum, Lactation, & Loss

On FB & Instagram

Stephanie Duran de Rodriguez

915-400-7734

www.decolonizedhealthwithsteph.com

Rebecca Palak

505-234-6143

rebeccamidwifery@gmail.com

Birth doula services

ABQ Doulas and Birth Services, LLC

505-274-1540 www.abqdoulas.com FB: ABQ Doula

Birth doulas:

Tracy Haroldson Katie SchmeirerElizabeth Ortega Erin Johns

Tori Montoya Margaret Espinoza

Other services offered:

Lactation, childbirth classes, newborn care classes, breastfeeding classes, placenta encapsulation services, birth photography.

Doulas of the Southwest

Inquire at: www.doulasofthesouthwest.com

Birth and postpartum doula services, placenta encapsulation, variety of prenatal classes.

Kim Racette Meg Tuzon Shemai

Miyoko Inase Megan Othling Michele Falzone

Ember Birth Services

505-369-2112

Hello@emberbirth.com www.emberbirth.com

Birth & postpartum doula services, encapsulation services. Angelique Steadman, Sarah Allen, Cherelle Fincher

New Life Birth Services

505-506-4340

Stephanie Avey	Rachael Guitard	Brittany Johanson	Judy Key
Lori Martinez	Jaelan Mincey	MJ Montoya	Saige Rose
Teri Schafer	Michele Tartaglia		

In addition to Birth Doula, New Life Birth Services also offers:
Postpartum Care (daytime and overnight packages available)
Placenta Encapsulation
Belly Binding
Lactation Services (IBCLC and CLC)
Prenatal Yoga
Childbirth Education

UNM Birth Companion Program

Free birth companions for underserved Medicaid families birthing at UNM.

Inquire at: unmdoulaprogram@gmail.com

FB:UNM Birth Companion Program

Brandi Hahn

505-200-1192

celevash@gmail.com

Birth & Postpartum Doula

Michelle Falzone

Full spectrum doula: live birth, adoption, stillbirth, miscarriage, and abortion.

Serves Albuquerque and East Mountains. Email: eastmountaindoula@gmail.com

<https://www.eastmountaindoula.com>

Miyoko Inase

505-232-2772

www.inspiredabq.com

Specializes in birth doula and childbirth classes.

Denise Kielpinski

505-450-9322

Birth & Postpartum Doula

Sunrise Doula

Morgan Snarr

505-363-1135 DoulaFromWithin@gmail.com

Services: Pregnancy, birth & postpartum doula.

FB: Sacred Journey of Motherhood

Rebecca Cook

848-633-0181 yourebecca@gmail.com

Birth Doula

Meg Tuazon Shemai

408-506-8885 meg@summittoseayoga.com

Postpartum Doula