

WSNM 2026 Class Schedule

Prepared Childbirth & Breastfeeding Classes



CHILDBIRTH CLASSES: 2026

Cost: \$100 per couple

Weeknight Childbirth Classes meet 4 times. Saturday Childbirth Class meets 1 time.

Day	Time	Date	
Monday	6:00p – 8:00p	February 2 – February 23	
	6:00p – 8:00p	April 6 – April 27	
	6:00p – 8:00p	June 8 – June 29	
	6:00p – 8:00p	August 10 – August 31	
	6:00p – 8:00p	November 2 – November 23	
	6:00p – 8:00p	December 1 – December 22	
Wednesday	6:00p – 8:00p	January 7 – January 28	
	6:00p – 8:00p	March 4 – March 25	
	6:00p – 8:00p	May 6 – May 27	
	6:00p – 8:00p	July 8 – July 29	
	6:00p – 8:00p	September 2 – September 23	
	6:00p – 8:00p	October 7 – October 28	
Saturday	9:00a – 4:00p	January 10	
	9:00a – 4:00p	January 17	
	9:00a – 4:00p	February 7	
	9:00a – 4:00p	February 14	
	9:00a – 4:00p	March 7	
	9:00a – 4:00p	March 14	
	9:00a – 4:00p	April 4	
	9:00a – 4:00p	April 11	
	9:00a – 4:00p	May 2	
	9:00a – 4:00p	May 9	
	9:00a – 4:00p	June 6	
	9:00a – 4:00p	June 13	
	9:00a – 4:00p	July 18	
	9:00a – 4:00p	August 1	
	9:00a – 4:00p	August 8	
	9:00a – 4:00p	September 5	
	9:00a – 4:00p	September 12	
	9:00a – 4:00p	October 10	
	9:00a – 4:00p	November 7	
	9:00a – 4:00p	November 14	
	9:00a – 4:00p	December 5	
	9:00a – 4:00p	December 12	

BREASTFEEDING CLASSES 2026: meets 1 time. **The 4th Saturday of the month at Noon**

Cost \$40 per couple

		**2 nd Saturday	*3 rd Saturday
Noon – 2:00p	January 24	Noon – 2:00p	July 11**
Noon – 2:00p	February 28	Noon – 2:00p	August 22
Noon – 2:00p	March 21*	Noon – 2:00p	September 26
Noon – 2:00p	April 25	Noon – 2:00p	October 24
Noon – 2:00p	May 16*	Noon – 2:00p	November 21
Noon – 2:00p	June 27	Noon – 2:00p	December 19*

Tuesday evening Breastfeeding Class- 6:00 to 8:00pm

January 6	April 7	July 7	October 6
February 3	May 5	August 4	November 3
March 3	June 2	September 1	December 1

Postpartum Preparation Class 2:15-3:15pm Meets 1 time: January 24, March 21, May 16, July 11, September 26 or November 21 \$20 per couple

Refresher Birth Class available: Contact Kathleen Briley for more information \$80

Dogs & Storks 9:00-11:00am Saturday: February 21, April 18, June 20, August 15 or October 17 \$30 please call or text Colleen at (978)855-3806 to schedule and pay. Meets one time on Zoom

Virtual Tour of Lovelace Women's Hospital at 9:00am
The 4th Saturday of the month
Please call or email Kathleen Briley to reserve a spot on Zoom

			*Third Saturday
January 24	April 25	July 25	October 24
February 28	May 16*	August 22	November 21*
March 21*	June 27	September 26	December 19*

All classes are held in our Downtown Office: 1001 Coal SE

*Class dates and times are subject to change

For more information and to schedule a class call: Kathleen Briley, Childbirth Coordinator
@ (505) 843-6168 **Extension 3024** or **Email- kbriley@wsnm.org**
Register on our website: WSNM.org: under Wellness and Education: click- Childbirth Class