

WSNM 2026 Class Schedule

Prepared Childbirth & Breastfeeding Classes



WOMEN'S
SPECIALISTS OF
NEW MEXICO, Ltd.

CHILDBIRTH CLASSES: 2026

Cost: \$100 per couple

Weeknight Childbirth Classes meet 4 times. Saturday Childbirth Class meets 1 time.

Day	Time	Date
Monday	6:00p – 8:00p	February 2 – February 23
	6:00p – 8:00p	April 6 – April 27
	6:00p – 8:00p	June 8 – June 29
	6:00p – 8:00p	August 10 – August 31
	6:00p – 8:00p	November 2 – November 23
	6:00p – 8:00p	December 1 – December 22
Wednesday	6:00p – 8:00p	January 7 – January 28
	6:00p – 8:00p	March 4 – March 25
	6:00p – 8:00p	May 6 – May 27
	6:00p – 8:00p	July 8 – July 29
	6:00p – 8:00p	September 2 – September 23
	6:00p – 8:00p	October 7 – October 28
Saturday	9:00a – 4:00p	January 10
	9:00a – 4:00p	January 17
	9:00a – 4:00p	February 7
	9:00a – 4:00p	February 14
	9:00a – 4:00p	March 7
	9:00a – 4:00p	March 14
	9:00a – 4:00p	April 4
	9:00a – 4:00p	April 11
	9:00a – 4:00p	May 2
	9:00a – 4:00p	May 9
	9:00a – 4:00p	June 6
	9:00a – 4:00p	June 13
	9:00a – 4:00p	July 18
	9:00a – 4:00p	August 1
	9:00a – 4:00p	August 8
	9:00a – 4:00p	September 5
	9:00a – 4:00p	September 12
	9:00a – 4:00p	October 10
	9:00a – 4:00p	November 7
	9:00a – 4:00p	November 14
	9:00a – 4:00p	December 5
	9:00a – 4:00p	December 12

BREASTFEEDING CLASSES 2026: meets 1 time. The 4th Saturday of the month at Noon

Cost \$40 per couple

****2nd Saturday *3rd Saturday**

Noon – 2:00p	January 24
Noon – 2:00p	February 28
Noon – 2:00p	March 21*
Noon – 2:00p	April 25
Noon – 2:00p	May 16*
Noon – 2:00p	June 27

Noon – 2:00p	July 11**
Noon – 2:00p	August 22
Noon – 2:00p	September 26
Noon – 2:00p	October 24
Noon – 2:00p	November 21
Noon – 2:00p	December 19*

Tuesday evening Breastfeeding Class- 6:00 to 8:00pm

January 6	April 7	July 7	October 6
February 3	May 5	August 4	November 3
March 3	June 2	September 1	December 1

Postpartum Preparation Class 2:15-3:15pm Meets 1 time: January 24, March 21, May 16, July 11, September 26 or November 21 \$20 per couple

Refresher Birth Class available: Contact Kathleen Briley for more information \$80

Dogs & Storks 9:00-11:00am Saturday: February 21, April 18, June 20, August 15 or October 17 \$30 please call or text Colleen at (978)855-3806 to schedule and pay. Meets one time on Zoom

Virtual Tour of Lovelace Women's Hospital at 9:00am
The 4th Saturday of the month
Please call or email Kathleen Briley to reserve a spot on Zoom

***Third Saturday**

January 24	April 25	July 25	October 24
February 28	May 16*	August 22	November 21*
March 21*	June 27	September 26	December 19*

All classes are held in our Downtown Office: 1001 Coal SE

*Class dates and times are subject to change

For more information and to schedule a class call: Kathleen Briley, Childbirth Coordinator
@(505) 843-6168 **Extension 3024** or Email- kbriley@wsnm.org

Register on our website: WSNM.org: under Wellness and Education: click- Childbirth Class